



WOUNDED WARRIOR REGIMENT

Fact Sheet | Religious Ministry



Who We Are: The Wounded Warrior Regiment's (WWR) Religious Ministry team (RMT) provides for the spiritual, moral and emotional needs of wounded, ill, and injured (WII) Marines and their families, as well as for the needs of the staff members with whom they work. RMTs may provide pastoral care and counseling, spiritual enrichment resources and opportunities for religious sacraments, family support, and an attentive ear. Of course, all conversations of a personal nature are treated with absolute confidentiality.

How We Serve: RMTs ensure that pastoral care is available to remote WII Marines and their families through regular visits to WWR detachments; coordination with local faith communities and para-church organizations; and by visiting or providing guidance to those recovering at home.

Who We Serve: WII Marines, family and staff who need the compassion, guidance, and support of a Chaplain. Contact the WWR Chaplain at 703.432.1878

Additional spiritual enrichment resources and activities include:

Chaplains Religious
Enrichment Program
(CREDO)

Prevention Relationship
Enhancement Program
(PREP)

Practical Application of
Intimate Relationship Skills
(PAIRS)

Chaplain
Care

Chaplains Religious Enrichment Program (CREDO)

The CREDO program has a number of retreats free of charge for active duty, reserve and retired Marines and their families. Retreats cover a range of topics and include: personal growth; marriage enrichment; family enrichment; warrior transition workshops; spiritual growth; and men's, women's and teen retreats. For more information or to sign-up for one of the retreats, contact your local Chaplain's office or visit www.chaplaincare.navy.mil.

Prevention Relationship Enhancement Program (PREP)

PREP is designed for equipping military couples with skills they need to maintain a happy and healthy marriage. Instructors provide tips on managing conflict, problem solving, effective communication, and working as a team in order to preserve and enhance commitment and relationships. For more information on PREP or to attend classes, contact your local Chaplain's office or visit www.prepinc.com.

Practical Application of Intimate Relationship Skills (PAIRS)

PAIRS is an evidence based, educational approach to creating and sustaining relationships. Trained instructors deliver programs that strengthen marriages and families and improve outcomes for children in their communities. The program has Spanish speaking manuals available. For more information, contact your local Chaplain's office or visit www.pairs.com.

Chaplain Care

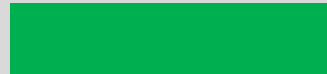
The Chaplain Corps maintains a hotline that provides 24 hour Chaplain care to military personnel and their families, as well as a number of on-line resources for self-care or spiritual fitness and links to additional support programs. These resources are available at www.chaplaincare.navy.mil or 1.877.4.1.TOUCH, then press 7 and then 3.

SPIRITUAL FITNESS GUIDE

GUIDE

Spirituality refers to that which gives meaning and purpose in life or the practice of a philosophy, religion, or way of living.

This tool can help determine a service member's spiritual condition.



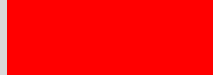
FIT



STRESSED



DEPLETED



DRAINED

FIT

Potential

Indicators

- Engaged in life's meaning/purpose
- Makes moral decisions
- Respectful of people of other faiths
- Hopeful about life/future
- Able to forgive self and others
- Engaged in core values/beliefs

STRESSED

Potential

Indicators

- Neglecting life's meaning/purpose
- Makes some poor moral decisions
- Less respectful of people of other faiths
- Less hopeful about life/future
- Difficulty forgiving self or others
- Neglects core values/beliefs

DEPLETED

Potential

Indicators

- Losing a sense of life's meaning/purpose
- Routinely makes poor moral decisions
- Strong disrespect for people of other faiths
- Holds very little hope about life/future
- Unable to forgive self or others
- Disregards core values/beliefs

DRAINED

Potential

Indicators

- Claims life has no meaning/purpose
- Extreme immoral behavior
- Complete disrespect for people of all faiths
- Holds no hope about life/future
- Forgiveness is not an option
- Abandons core values/beliefs